

Abbey Bakery Altar Breads
All Creamy White

Small Breads 1½” 2.9cm Diameter

Code		Abbey Bakery Breads	Price
On invoice	When ordering		
s	AB 250	Bags of 250	£3.65
	AB 300	Bags of 300	£4.38
	AB 500	Bags of 500	£7.30
k	AB 1000	Bags of 1000	£13.80

Large Breads 2¾” 7cm Diameter

Code		Abbey Bakery Breads	Price
On invoice	When ordering		
l	AB 15	Bags of 15	£1.80
	AB 20	Bags of 20	£2.40
	AB 25	Bags of 25	£3.00

Concelebration Breads
5½” 14cm Diameter

Code		Abbey Bakery Breads	Price
On invoice	When ordering		
c	ABC	Individually Packed	42p each

Abbey Bakery
Altar Breads made by the
Monastic community of
Cistercian Nuns in Wales
Baking since 1991

Sealed Edges with a Single Cross

Small White Breads
1½” 2.9cm Diameter

Code	Sealed Edge Breads	Price
d	White, box of 10 x 100 rolls	£14.50
e	White, one roll of 100	£1.60
f	White, container of 1000	£14.60

Small Wholemeal Breads
1½” 2.9cm Diameter

Code	Sealed Edge Breads	Price
j5	Wholemeal, bags of 500	£7.00
jk	Wholemeal, container of 1000	£14.60

White Breads
1¾” 3.5cm Diameter

Code	Sealed Edge Breads	Price
n	White, box of 10 x 100 rolls	£16.50
w	White, one roll of 100	£1.80

Sealed Edges with a Single Cross

Large Breads
2¾” 7cm Diameter

Code	Sealed Edge Breads	Price
q	White, box of 50	£5.00
t	Wholemeal, box of 50	£6.20

Concelebration Breads
**5¾” 14.6cm Diameter scored for
easy breaking into 24 pieces**

Code	Sealed Edge Breads	Price
u	White, box of 25	£12.50
v	Wholemeal, box of 25	£12.50

Gluten Free
**White 1” squares contain
100% wheat starch, water &
20 part per million of gluten**

Code	Low Gluten Breads	Price
g	White, bags of 50	£8.00

Allergy Notice

All altar breads are nut free

In dry and airtight conditions altar breads stay fresh for over 1 year

April 2024



About us

Holy Cross Abbey is the only house of women in the UK of the world wide Order of Cistercians of the Strict Observance also known as Trappists. The community was founded in Stapehill, Dorset in 1802 by refugees from the French Revolution. We downsized and moved to Wales in 1991.

The Abbey Bakery altar breads are made here at Holy Cross Abbey and posted to parishes, cathedrals, convents, residential homes, chaplaincies and schools all over the UK.

The altar breads we buy-in are made by the family run business Cavanagh Company in Rhode Island established in 1946 and F. A. Dumont are the UK distributors.

The Gluten Free altar breads are from Charles Farris Ltd in Wiltshire.

'As this broken bread, once dispersed over the hills, was brought together and became one loaf, so may thy Church be brought together from the ends of the earth into thy kingdom'
Didache

hcaaltarbreads@gmail.com

☎ 01994 240725 Ext 1

Order Form

Existing Customer Number		
New & Existing Customers Name, Address and Telephone		
Code	Altar Bread	Quantity

**Please email, telephone or post your order.
Please quote your customer number.**

**Postage and collection charge are added to the invoice.
All orders are collected and posted Royal Mail Tracked 48 unless otherwise requested.**

**Abbey Bakery, Holy Cross Abbey,
Whitland,
Pembrokeshire, Wales, SA34 0QX**



Cistercian Nuns
Holy Cross Abbey
Whitland,
Pembrokeshire, Wales, SA34 0QX

**Abbey Bakery
Baking since 1991**

**We are contemplative nuns
and the Abbey Bakery is our
main source of income**

**We bake, cut and pack altar
breads which are creamy
white with random crosses
on one side and plain on the
other**

**We also sell sealed edge altar
breads with a single cross,
as well as gluten free square
altar breads**

Contact
hcaaltarbreads@gmail.com

answerphone
01994 240725 Ext 1

www.hcawhitland.co.uk